

November










Town of Mamaroneck Senior Center

2019

1288 Boston Post Road, Larchmont, NY 10538

(914) 834-8840

Senior Center Hours 10:00am-3:30 pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 Daylight Savings Time Ends Turn Clocks Back One Hour	4 Trim & Tone 10:15am POKER/BOARD GAMES Historical Lecture Series "The Music of Lennon & McCartney" 12:45pm	5 BRIDGE MAHJONG BOARD GAMES <i>Election Day</i>	6 DANCERCISE 10:30AM SHOPPING/ART CLASS STAY STRONG & FIT A- 1:00 & B- 2:00	7 Tai Chi 10:00- 11:00 POKER/BRIDGE BOARD GAMES CHAIR YOGA 1:15	8 MAH JONGG MOVIE & MUNCHIES 12:30 (early start) "THE GREEN BOOK"	9 
10 	11 VETERANS DAY HOLIDAY CENTER CLOSED	12 BRIDGE/MAH JONGG CRABTREE KITTLE HOUSE Restaurant Week Trip Blood Pressure 12:30- 1:00	13 DANCERCISE 10:30AM SHOPPING/ART CLASS STAY STRONG & FIT A- 1:00 & B- 2:00	14 Tai Chi 10:00- 11:00 POKER/BRIDGE BOARD GAMES ZUMBA 1:30	15 MAH JONGG BOARD GAMES Trim & Tone 1:15pm	16 
17 	18 Trim & Tone 11:15am POKER/ BOARD GAMES CHAIR YOGA 1:15pm	19 BRIDGE/MAHJONG SENIOR SCAM PRESENTATION 12:15	20 DANCERCISE 10:30AM SHOPPING/ART CLASS STAY STRONG & FIT A- 1:00 & B- 2:00	21 HOMMOCKS THANKSGIVING LUNCHEON CENTER CLOSED	22 MAH JONGG BIRTHDAY PIZZA/BINGO	23 
24 	25 Trim & Tone 11:15am POKER/BOARD GAMES **WEDNESDAY SHOPPING TODAY** CHAIR YOGA 1:15pm	26 BRIDGE BOARD GAMES MEDICARE MINUTE 12:30 ACTIVITIES SUSPENDED DURING PRESENTATION	27 DANCERCISE 10:30AM ART CLASS STAY STRONG & FIT A- 1:00 & B- 2:00	28 Thanksgiving Day CENTER CLOSED	29 Thanksgiving CENTER CLOSED	30 
1 	2 SHOPPING Trip to CO- OP CITY Trim & Tone 11:15am POKER/ BOARD GAMES CHAIR YOGA 1:15pm	3 BRIDGE MAH JONGG BOARD GAMES	4 DANCERCISE 10:30AM SHOPPING/ART CLASS STAY STRONG & FIT A- 1:00 & B- 2:00	5 Tai Chi 10:00- 11:00 POKER/BRIDGE Driver Safety Awareness 12:15 ZUMBA 1:30	6 ANNUAL HOLIDAY PARTY 12:00 Entertainment by Pepe & Tim And SANTA	7 

Senior Center Coordinator: Maria Gallagher (914) 834-8840

Senior Center Staff: Kathy Flynn, Stephanie Hart, Carmen Medina

Community Services Director: Anna Danoy

Community Services Office: (914) 381-7840

DON'T MISS IT - 12/17

"NY Tenors"

Westchester Dinner Theatre

*RSVP HOMMOCKS
 THANKSGIVING LUNCHEON
 BY Tuesday 11/19